



Dartford and Whiteoak Triathlon Club AGM

Meeting Date: Wednesday 21st November 2018, Whiteoaks

**Attended-
Committee:**

Members:

Apologies: Janet Littlejohn

Item	Description	Action
1	<u>Welcome and introduction</u>	
2	<u>Previous minutes</u> <ul style="list-style-type: none"> • ways to increase income • Extra training session • Cycling – affiliation with a club 	
3	<u>Committee reports</u> <ul style="list-style-type: none"> • Chairwoman Report – Lisa O’Keefe <p>Dartford and White Oak Triathlon Club is going from strength to strength each year with new members joining and maintaining old members. We also have some great volunteers adding fantastic additional training opportunities. The committee work hard to ensure the club runs smoothly and where members can take full opportunity of what is on offer.</p> <p>The committee is committed to the club and likes to think of it as a community for our members to train, make new friends and to socialise.</p> <p>This year we have included extra coaching on a Wednesday night, which we felt, was needed to cope with the number of beginner swimmers. We are all glad this paid off and lane 1 is now leaping ahead and making good progress. This year has also seen new coaches, Sally, Sam and Dave. This has ensured that all the coaches including Tanya and Kat bring consistency, safety and professional standards. Melody who is the coach coordinator has worked hard with the coaches to deliver high quality training.</p> <p>This year we were able to gain extra sessions at the lake – Wednesday lunch times and evenings as well as Saturday afternoons. We are also hoping to add some extra slots next year.</p> <p>Martin Heap and his helpers, Dave Ringrose, Colin, Julie and many more have run</p>	

a smooth lake season at the lake, the club is very appreciative of this.

We also owe a big thank you to the club sponsors who allow the club to keep surging forward.

This year the club members have taken part in many extra events:

Film Night – David Poland organised a night at the Oden watching “We Are a Triathlete” This was an inspirational film and I recommend you see it. Can see a few club members signing up for challenge Roth

Bedgebury – again thank you to Martin Heap

Lanzarote training camp – Dave Poland organises a great trip year on year

Southwater relays – organised by Melody Kane, many members taken part and representing the club

Fun at the Lake – lido race sticks in my mind, great social afterwards with wine and cheese! Thank you Craig

The Big Swim – continues to be a hit with the members. We will add a few more in next year with some different distances

Debbie's singing evening – heard great feedback on this, When is the next one?

Cotswold Classic half – we had big numbers attending – thank you Mark Milsom for organising

GB qualifiers - The achievement of qualified for British Squad. David Poland, Mike Abouselam, John Setford and Chris Childs

Park Run – thank you to Rob Tyler who brings the members together to run a different park run each time and logging the results

Runs before swimming - on both Fridays (lead by Chris) and Wednesday evening (lead by Craig)

Also, thank you to Chris Childs who lead run improver sessions.

Les Stables – a few members attended the Tri camp this year and others signing up again for next year. I highly recommend this training camp!

Kat McVicar – continues on her quest, competing hard to gain a world record for the most marathons run by a female?

Bridge Events - Members have also taken advantage of the Bridge Events - John Setford puts on.

The summer aquathlon, duathlon and the Bridge triathlon to name a few.

Up-coming:

Fortnightly brick sessions – Craig has put this in place, this will run through the winter months

Around 30 members have signed up the Grafman half distance tri in May 2019

As usual there have been many outstanding achievements from our members this season PBs, half and full Ironman distance, sprints, 5ks, 10ks, marathons and many more! We love to see the bright yellow out there racing.

Again our own race was a great success after more than 29 years running. The committee thanks Paul Foreman for all his hard work and efforts year after year. We also appreciate all the club members who volunteer, as we wouldn't be able to run the race without your support.

Our on-going challenges are:

1. To put on as much high quality constant training as possible and to offer coaching on the 3 disciplines and transitions.
2. To keep and maintain the membership headcount at around 75- 85 members.
3. To update the website so it's easy to join, find out about training and enter the race.
5. To increase members and coach attendance to our social activities.

The committee always listens to the members and is always open to suggestions on how we may improve the club. Please let us know if you have any ideas.

The club constitution which was put in place a few years ago while John Doyle was the Chairman will continue to be supported and to ensure that no individual should benefit over another, and that principal is the foundation block of the club and we have spent much time protecting and nurturing this principal.

I'd to take this opportunity to say a huge thank you to all the committee who work tirelessly hard year after year to make this club a great place to train and make friends.

I will be standing down this year after working with the committee for the past 4 years. I wish Craig all the best in his new role as Chairman.

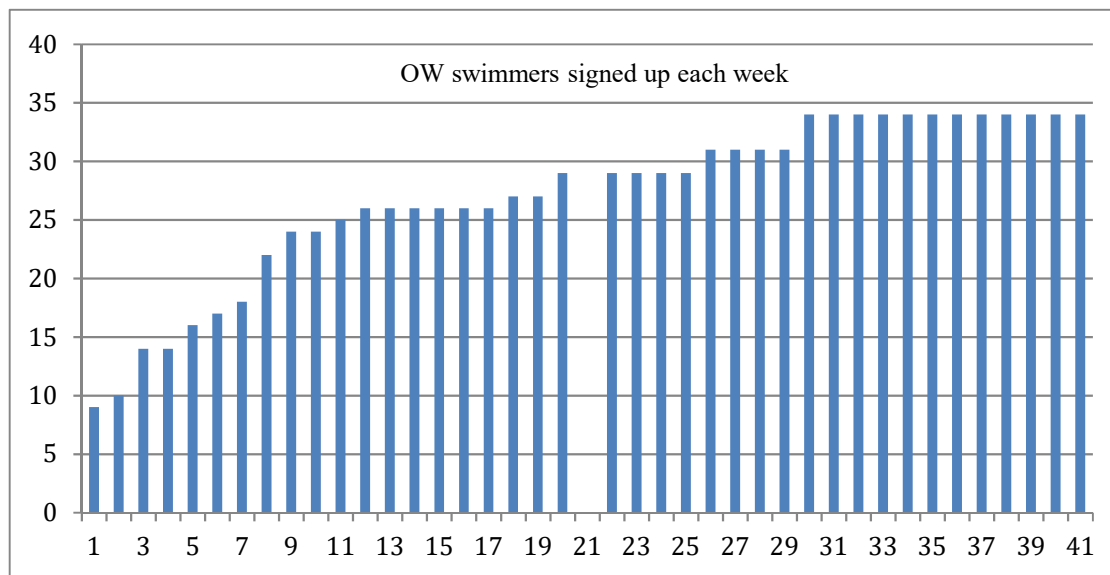
Lisa O'Keefe
Chairman

- **Treasurers Report – Paul Foreman SEE ATTACHED SHEET**
- **Lake Report – Martin Heap**

The lake opened on May 14th when the temperature reached 14 degrees.

During May there were 15 OW swims and 48 FM swims making a total of 63 swims.
In June there were 47 OW swims and 89 FM swims making a total of 136 swims.
In July there were 36 OW swims and 67 FM swims making a total of 103 swims.
In August there were 22 OW swims and 80 FM swims making a total of 102 swims.
Up to September 14th there were 13 OW swims and 24 FM swims making a total of 37 swims.

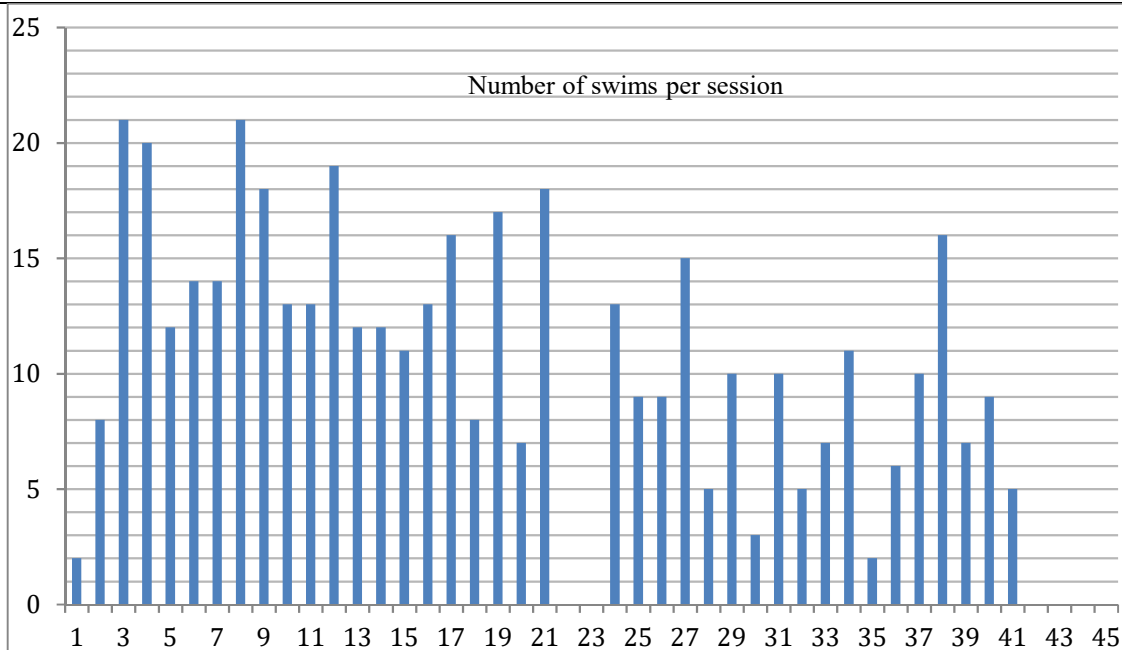
We started off the season with 9 OW swimmers signed up and the numbers increased steadily until week 30 of 41 when we reached a maximum of 34 OW swimmers.



49 full members used the lake throughout the season. The remaining 21 full members didn't use the lake at all. Of the 49 members 22 swam 3 times or less and 10 of those just once.

The maximum number of swims reached by anyone throughout the season was 25, which was Mick Andrew and Dave Ringrose.

With the fantastic summer we enjoyed this year I have to express some surprise that the swim numbers did not get anywhere near those of the past. The number of swimmers in any one session only reached 20 on three occasions, 21 on May 21st, 20 on May 25th and 21 on June 8th. All other swims were below 20 per session.



Throughout the season, to Sep 14th there was a total of 133 OW swims and 308 FM swims making a total of 441 swims.

The total money taken from OW swims was £798 whilst the total money paid out to cover swimming was £1320. Therefore the net cost to the club for lake swimming is $\text{£}522/441 = \text{£}1.18$ per swim. These figures are running costs only and do not take into account the cost to the club for the use of the lake from DBC which is significant.

The lake closed on Saturday 29th September following the lilo swim race.

Thanks go to Colin and Julie for manning the kayaks and Dave Ringrose who is always there marshalling throughout the season without whom keeping the lake open would not have been so easy. Also thanks go to Craig, Mark, Mel and Lisa for stepping up for the Wednesday and Saturday sessions.

Thanks also need to go to Lee Tallon at Crosswater for allowing us to use their car park, which makes life considerably easier for us. In the past we have made a donation to charity as a goodwill gesture for Crosswater's support. I will be sending an email to Lee thanking him and Crosswater for that support and I would like to report that we have indeed made such a donation on their behalf.

Also thanks go to John Setford for funding a first aid course for Colin, Julie and myself earlier this year with regard to the lake.

- **IT / Website report – Danny Pearce**

Website

Main effort during 2018 has been the redevelopment of the club website www.dartfordandwhiteoaktri.co.uk which was launched in January. A new WordPress template was researched and the site redeveloped using new images and added features. The changes provide the ability to view pages effectively across multiple

devices including mobile, tablet and PC.

All members should have a logon to the site (let me know if you don't) and we hoping to push more use of the site through race reports, publicising social and competitive events as well as the Event calendar where members can "RSVP" to forthcoming events and see who else is planning on attending.

We're happy to have more members who are willing to post up information, photos and reports to the site and we can provide training and higher permissions to allow this. The main benefit of having information on the website is that it's far easier to lookup and reference at a later date, as opposed to WhatsApp which is great for current info but difficult to refer to later.

Race Entries

Handle the IT side of race entries through the Stuweb system. This includes sending out mailshots to race entrants, handling deferrals and providing Stuweb with entrant information for them to use with the timing system on the day. This year's race we had 203 Sprint entries and 45 Standard, which was a great number for the club.

So far for our 2019 event we have 18 Sprint and 5 Standard competitors enrolled, so we need to start on a publicity campaign to start promoting our race, which provides the majority of our income.

Other things we're considering looking for the coming year are a card swipe membership system to simplify coaches having to take a roll call at the start of each swim session and for open water registrations.

- **Kit report – Craig Ginn**

Kit sales have been steady throughout the year with the new payment method working well thanks to honesty of members.

We have now been fortunate to have some kit supplied at a reduced rate and this now equates to a 20% discount on all stock (excepting t shirts and hoodies as these are from another supplier)

Please see the list of stock we currently hold and speak to Craig for any orders you may wish to purchase.

This kit will be the last kit we will be stocking as from 2020 our new kit (to be designed) will be ordered through the new suppliers online system. This will be periodically opened for orders.

- **Membership report – Mark Milsom**

As Membership Secretary, I have been privileged to be in a position to welcome a number of new athletes this year and sad to say goodbye, or maybe au revoir to a number as well. It has been good to see new triathletes joining with a variety of experience ranging from none to plenty and all the colours in between.

The publicising of the club and spreading the word to allow these new members has been achieved through a variety of methods, both formal and informal. For example;

- Club website – enquiries to email address and followed up as appropriate.
- Park Run Initiative – runners see the club colours en masse and ask questions.
- Peer to peer – members already part of other clubs such as running or cycling act as apostles for DWOT. Examples of this would be DRR, Orpington and Seeds.
- Annual race – not as significant as preaching to the converted but

nevertheless a source.

This said I am disappointed to report that the number of members has dropped this year significantly compared to 2017. The principle area of decline has been in the number of full members paying up front for the year in March / April. The table below indicates the numbers of members in the categories that our club is divided into for the purposes of identification.

Type of Member	2016	2017	2018
Full Membership - Standard subscription	56	49	29
Full Membership Monthly - Standard subscription	11	27	28
Senior Member - Standard subscription	4	3	6
Open Water Renewal - Standard subscription	29	23	21
Open Water New Member - Standard subscription	18	13	11
Student Member - Standard subscription	0	2	0
Sponsor Member - Standard subscription	0	1	0
Total	118	118	95

Known reasons for the decline include;

- Moving away
- Change to shift patterns
- Financial difficulties
- Altered goals or goals achieved.

Bringing new members to the point at which we can engage them is the challenge for the club in 2019. The strategies for doing this needs to be developed and rolled out to capture new members and retain existing in time for the coming season.

- **Social Report – Debbie Hazeltine**

FRIDAY FEB 23RD – CLUB SOCIAL GATHERING AT THE WHITE HORSE, WILLMINGTON
40 ATTENDED.

THURSDAY 29TH MARCH – CLUB SOCIAL CURRY NIGHT
26 – 30 ATTENDED

SUNDAY 15TH APRIL – SEVENOAKS LOOP OFF AND SOCIAL COFFEES AFTERWARDS –
10 ATTENDED.

SUNDAY 29TH APRIL – SEVENOAKS TRIATHLON – SOCIAL GATHERING AFTERWARDS
30 – 40 PARTICIPANTS

SUNDAY 26TH MAY – MAN OF KENT CYCLE – NEVER WENT AHEAD.

SUNDAY 13TH MAY – CLUB FAMILIRISATION DAY

SUNDAY 3RD JUNE – ROUNDERS AFTERNOON – DIDN'T HAVE INTEREST – DID NOT GO

	<p>AHEAD.</p> <p>SUNDAY 10TH JUNE – WHITE OAK TRIATHLON – SOCIAL GATHERING AFTERWARDS AT DANNYS</p> <p>SUNDAY 19TH AUGUST –BUCKMORE PARK GO KARTING AFTERNOON & LUNCH – DID NOT GO AHEAD – LITTLE INTEREST</p> <p>THURSDAY 30TH AUGUST –CLUB SOCIAL CURRY NIGHT –AT THE SPICE MASTER – BELVEDERE DEBBIE SINGS – 10 ATTENDED.</p> <p>SAT URDAY 15TH SEPTEMBER – BIG SWIM & SOCIAL AT LAKE – DRINKS AT THE BEAFEATER 30 ATTENDED APROX</p> <p>SUNDAY 21ST OCTOBER – SUPER HERO SUNDAY – SWANLEY PARK – EVENT CANCELLED – LITTLE INTEREST THIS TIME – WILL DO EARLY SUMMER NEXT YEAR.</p> <p>MONDAY 5TH NOVEMBER – ‘ WE ARE TRIATHLETES’ FILM ON DEMAND. CINEMA NIGHT – DAVID POLAND ORGANISED.</p> <p>CLUB CHRISTMAS PARTY – FRIDAY 30TH NOVEMBER – BRANDSHATCH – MERCURY HOTEL 41 ATTENDING.</p> <ul style="list-style-type: none"> • Club Championships report – Andy Walpole 	
4	<p><u>Committee Members</u> All members stood down and re-elected.</p> <p><u>2018/19 committee</u></p> <p>A Chairperson – Vice Chairman – Treasurer – (Paul to remain) Secretary –</p> <p>Membership – (Mark to remain) Lake Manager – (Martin to remain) Kit – (Craig to remain) IT / Web – (Danny to remain) Club coordinator Social Secretary – (Debbie to remain) Coach coordinator – (Melody to remain)</p>	

	Clubs champs Coordinator – (Andy to remain) Publicity and communication coordinator - Race Director –	
B		
5	<u>Adjustment to Constitution</u>	
6	<u>Thank you</u>	
7	<u>Honorary President</u>	
8	<u>AOB</u>	
	<u>Questions from the floor</u>	
	AWARDS: •	

DWOT Club Accounts 2017-2018				
Item	Out	In		
Items from 2016-17	£739.12	£0.00		
Club Costs				
Pool Hire WhiteOak	£10,000.15			
Pool Hire Fairfield	£1,410.55			
Swim Coaching	£4,668.00			
Meetings	£516.03			
Website	£100.50			
BTF Insurance	£105.00			
Club Championships	£0.00			
Club Income				
Membership	£399.30	£11,667.97		
Kit	£1,651.83	£1,123.10		-528.73
Club Sponsorship		£250.00		
29th Tri	£5,986.87	£9,296.46		3309.59
Lake	£2,896.12	£1,152.91		-1743.21
Investment Account transfers	£11,200.00	£16,900.00		
Special Projects				
Les Stables Trip 2018	£155.00	£1,145.00		
Southwater Race entry	£1,125.00	£708.39		-416.61
Xmas Bash 2017	£2,114.71	£187.50		
Xmas Bash2018	£585.00	£784.00		
Velodrome Ride	£695.00	£700.00		5.00
Items for 2019	£35.00	£89.28		
Total Current Outgoings/Incomings	£44,383.18	£44,004.61		
Current Account				
Initial Balance	£424.85			
Net Transactions to date	-£378.57			
Current Balance	£46.28			
Investment Account				
Initial Balance	£17,725.47			
Transfers Out	-£16,900.00			
Transfers In	£11,200.00			
Interest Payments	£9.37			
Current Balance	£12,034.84			
Total Club Funds				
Initial @ 1st Nov 2017	£18,150.32			
Current Total Club Funds	£12,081.12			