

## **Dartford and Whiteoak Triathlon Club**

**Meeting Date: Wednesday 9<sup>th</sup> May**

**Attended:** Martin, Danny, Andy, Debbie, Mel, Heather, Lisa

**Apologies:** Craig, Paul, Mark

### **Minutes from last meeting-**

- **Lake – Tow floats been ordered?** Ordered 5, £20 each plus £2.80 deliver. Arriving any day
- **Lake – online flyer for other clubs?** Flyer done for swim/run. Mark to email to all past and present members re opening of lake. Need them to sign up before they turn up. Do newsletters go to open water members?
- **Man of Kent – has Martin N agreed to run – see email**
- **Swanley running club** - club house, Paul to feedback

### **Agenda Topic – Lake update**

#### **Discussion**

- Opening date – not heard re license. If not this week should be in lake next week
- Club events 21<sup>st</sup> July Swim/run Aug 25<sup>th</sup> Swim/run – has Tina agreed? Does BTF cover this? Trial this as an in house first on the 21<sup>st</sup>? This should be easy enough to run/organise

Parking at Crosswater at the entrance. No cutting through the shrubs

#### **Proposed Action:**

Andy to draw up Flyer and advertise the swim/run on July 21<sup>st</sup>. If it goes well open up the next one

### **Agenda Topic – Annual race**

#### **Discussion**

- Familiarisation ride – push over the next few days  
Danny has emailed all race entrants. He will also email members  
10 replies to say they are coming  
40 standard 125 sprint no teams

#### **Proposed Action:**

- Danny to contact Stuweb to set up next years race – can offer discount for early sign up as well as deferrals

### **Agenda Topic – Kit**

#### **Discussion**

- Current supplier can't provide the other suggestions (rucksack, caps etc.). Craig has approached another supplier Raceskins for prices and samples
- Committee agreed they are a nice quality, but still replicate the style of ours – the design is good.

- Car stickers – have been made and giving to members. Good for lake parking as well as advertising

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**Proposed Action:**

**Agenda Topic – Bridge Events**

**Discussion**

- John Setford is continuing to give members discount for his races. Can we the committee promote this. John is unsure how to go about this.

**Proposed Action:**

- Agreed that we will promote the discount for his races, Debs will put on website. Heather to put on what's app and Facebook – link to website

**Agenda Topic – coaching**

**Discussion**

- Lane 1 is taking up a lot of the coaches' time. Lanes 2 and 3 are going without – possibly a temporary third coach on a Wed?
- Sam Proctor will be qualified as swim coach ASA assistant coach cert by May 19<sup>th</sup> (a level 2 coach needs to be poolside) – Possibly he could support on a Wednesday for a few weeks
- Minimum swim standard for new members and assessing them (sign up as trial and if they are not up to standard they go away and have lessons then come back)
- Training days – joint lake sessions with coaches
- Coached technique sessions. Perhaps have sessions set up and coaches observe and correct on the go
- Have coaches signed new agreement

**Proposed Action:**

- Committee agreed to use Alex's sponsorship money to pay for another coach for a few sessions for lanes 2 and 3. This will mean lane 1 can have the same coach and keep consistency. Any to ask Sam P

**AOB:**

- **BTF Coaching** – has Paul done this? Andy is interested and will Email regional area. Heather suggested Craig do the course. Martin is happy to be a reserve (Heather to ask Dave for details)
- **Lake promotion** – need flyers up. Saturday at Chipstead 6-8am is very busy. It was agreed we Try our lake on a Saturday afternoon for a season then look to a change for Saturday morning next season if it doesn't work

**Next committee Wednesday 13<sup>th</sup> June**